

# Oklahoma County

## 2023 Benefits Enrollment Guide

Annual Enrollment is your opportunity to enroll, change or cancel insurance coverage.

Eligible employees may enroll in coverage for themselves and their eligible dependents during the annual enrollment period.

**The annual enrollment period will take place during November 2022 for coverage effective dates January 1, 2023 thru December 2023.**

Coverage will become effective on January 1, 2023, unless the eligible employee has not satisfied the mandatory waiting period. In the event the waiting period has not been met, an employee, and their eligible dependents, will become effective on the 1st day of the month following completion of the waiting period.

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Changes to your insurance coverage can **only** be made during this annual Open Enrollment period, or when you have a **qualifying** change in family status.

The following is a list of *qualifying* changes in family status:

- NEW EMPLOYEE
- LOSS OF COVERAGE
- MARRIAGE
- BIRTH / ADOPTION
- DIVORCE
- DEATH OF A CHILD
- DEATH OF A SPOUSE

Oklahoma County Benefits and Retirement Department

Oklahoma County Benefits and Retirement Website:  
[www.oklahomacounty.org/departments/benefits-retirement](http://www.oklahomacounty.org/departments/benefits-retirement)

Email: [Benefits@oklahomacounty.org](mailto:Benefits@oklahomacounty.org)

## Optional Benefits are available!

OK County offers many *optional* Benefits and are paid via your paycheck deductions.

- Retirement 457 Account
- Supplemental Life insurance for you, your spouse & children
- Cancer Insurance
- Critical Care Insurance
- Accident Insurance
- Hospital Confinement Insurance
- Disability Insurance
- Long-Term Care Insurance
- Gym Membership Discounts
- Flexible Spending Accounts
  
- Legal Assistance
- Home Insurance
- Auto Insurance



### 2023 Health Insurance Package Includes:

- Medical Insurance
- Prescription Drug Plan
- Dental Insurance
- Vision Insurance

**SAME HEALTH PACKAGE RATES AS 2022!**

**Employee Only Coverage: \$159/month**

**Family Coverage: \$374/month**

*(OK County still pays the majority of all premium costs)*



Participate in the Annual Health Testing and get your November insurance premiums waived!



## Save money on your maintenance medications!

Maintenance prescriptions are medications used on a long-term basis to treat chronic disease and conditions.

Do you want to save money and avoid going to the pharmacy every month to pick up refills? If so, there are a couple options for you — The OK County Pharmacy and CVS/Caremark Readyfill mail order service.

### The OK County Pharmacy

- Generic maintenance medications
- 90-day supply fills
- \$0 cost to all health plan participants

**5905 N. Classen Court, Suite 302**

Mon- Fri  
8:00am-3:30pm  
(closed 12-1pm)

**405-713-1893**

[sspharmacy@oklahomacounty.org](mailto:sspharmacy@oklahomacounty.org)

### CVS/Caremark Readyfill Mail-Order Service

- Generic & Brand-Name maintenance medications
- 90-day supply fills
- Lower co-pay than a retail pharmacy

[www.caremark.com/readyfill](http://www.caremark.com/readyfill)  
**888-208-9634**

Every person, covered on the OK County Health plan, has access to many high quality, low or no cost options. By utilizing these options, plan participants pay less out of their pocket! These options help sustain our health plan long-term. **The following providers and services are provided at Zero out-of-pocket costs for all plan participants:**

### Premise Health.

Same or next day appointments for primary care treatment.

- Routine wellness & preventative care, annual physical exams
- Common illnesses
- Minor procedures & injuries
- Wound care, skin conditions
- Chronic disease evaluation & management
- EKGs

**Midtown OKC**      **Del City**  
**405-778-8552**      **405-610-6998**



- X-Ray, CT scans, MRI, Ultrasounds, Physical Therapy
- Preventative Body Scan & Virtual colonoscopy.

**3209 NW Expressway**  
**405-486-7444**



If you need an outpatient medical procedure, surgery, services, equipment, etc. contact Connect Benefit!

- **Procedures/Surgeries:** Orthopedic, Urologic, Gastrointestinal, General, Cardiac, Robotic, Cataract, Hand, Foot, Ankle, Female, etc.
- **Services:** Pain Injections, Medication Infusions, Port placement, Dialysis, Shunt placement, Imaging, PT, Cancer, Chemo-therapy, Urgent care, Maternity care, Dermatology Chiropractic, Heart Care, ER & MORE!
- **Equipment/Testing:** Durable Medical Equipment, take-home Sleep Studies, Outpatient Diagnostic Testing, etc.

To arrange any of the services above, you must first contact Connect Benefit to check coverage & obtain a Medical Voucher.

**405.655.5678**  
[info@connectbenefits.com](mailto:info@connectbenefits.com)



*QuestSelect™ Advanced lab benefit*

**100% Covered!**

- Blood testing, Urine testing
  - Cytology, Pathology, Cultures
- 1.800.646.7788 QuestSelect.com



- Behavioral & Mental Health services • Psychotherapy
- Individual & Family Counseling

**2301 W. I-44 Service Rd, Suite 300**  
**405-607-2233**

**AIM Health Clinics**  
**Primary Care and Wellness**  
**North 405-724-8383**  
**South 405-794-4474**

**Lucid Lane 100%**

**Covered Counseling, Pain Coaching, Medication Management & Medication Tapering**  
**1-866-274-9962**

<https://lucidlane.com/ok-county/>  
**Email: OK-County@Lucidlane.com**

# No Cost OK County - paid Employee Benefits

OK County provides all Full-Time employees the following benefits at no cost:

## Term Life Insurance and Accidental Death & Dismemberment Insurance (AD&D)

Benefit amount is 1.5 x your annual salary (up to \$100,000 maximum)

**Mutual of Omaha**  
benefits@oklahomacounty.org  
405-713-2249, 405-713-1535



## Employee Assistance Program

- Free for all members of your household
- Short-term confidential Counseling sessions (3)
- "Ask an expert" service
- Personal Health & Wellness Coach
- Financial and Legal assistance
- Retiree Assistance
- Childcare & Eldercare Resources
- College Resources

**Deer Oaks EAP**  
866-327-2400 (24 hours a day)  
[www.deeroakseap.com](http://www.deeroakseap.com)  
Click on: **Live Well Wellness Program**  
Username: **Oklahoma** | Password: **County**



For EAP on the go, get the iConnectYou App  
Passcode: **46109**



## Identity & Credit IDShield

- Identity and Credit monitoring from 3 major credit bureaus
- Monthly alerts and Credit score tracker
- Consultation, advice and restoration
- \$1 Million protection policy
- Direct access to Licensed Private Investigators
- Social Media monitoring
- Mobile App

**IDShield**  
888-807-0407 (7am-7pm CST)  
[www.benefits.legalshield.com/oklahoma](http://www.benefits.legalshield.com/oklahoma)



If you wish to add your family to the plan, please send an email to:  
[benefits@oklahomacounty.org](mailto:benefits@oklahomacounty.org)

## 2023 Enrollment Forms

1. Please review your 2023 Benefits enrollment form as soon as possible.
  - a) **If you DO NOT want any changes in 2023**, initial in the box that states "I have made **NO CHANGES** in Coverage or Payroll Election stated Herein."
  - b) **If you DO want changes in 2023**, initial the box that states "I have made **CHANGES** in my Coverage or Payroll Election stated herein."
2. Indicate changes on your form, sign, date and *initial* the form.
3. Please make a copy for your personal records and return the form to the Benefits Dept.

**\*\*\* Forms will be returned to you if they are not \*\*\***

**initialed (do not check mark boxes).**

If we do not receive your annual enrollment form by November 30th 2023, all of your current year's enrollment elections will remain the same, with the **exception** of Flexible Spending Accounts. FSA's must be re-elected every year.

## Vision Insurance

Vision Insurance coverage is administered through the **VSP Network**.

### **ANNUAL EXAM** (1x every year)

- \$5.00 co-pay

### **FRAMES** (1x every year) OR

- \$90-\$180 allowance towards Frames
- 20% savings on amount over your allowance

### **CONTACTS** (1x every year)

- \$210 allowance towards contacts
- 15% savings on contact lens Exam

**No Vision Insurance ID card is needed**, coverage is listed under employee's SSN.



[www.VSP.com](http://www.VSP.com)  
800-877-7195

## Retirement Plans

### Defined Contribution 12% Retirement Account

As a benefit to all Full-Time employees, OK County provides a 12% monthly contribution into your Retirement account. This account is administered by Bank of Oklahoma.

#### After 5 years of employment:

- You are 100% vested
- You can borrow against your retirement account and pay yourself back through payroll deductions
- If you leave employment, the money in your retirement account is yours to keep.

Email: [gkurtz@bokf.com](mailto:gkurtz@bokf.com) Phone: 1-800-876-9557  
[www.startright.bokf.com](http://www.startright.bokf.com) Mobile App: Start Right app from the App Store or Google Play



### Retirement Rules

**Rule of 60:** Employees are eligible for retirement with health insurance coverage when their age + years of service equal 60. Employees must be vested in the retirement plan in order to retire (5 years). To retire with the health insurance, employees must be covered under it at the time of retirement.

Both years of service and age round up at the 6 month point.

### 457 Retirement Account

Employees can contribute their own pre-tax money to save for Retirement. Start a 457 Retirement account at any time. Contact the Benefits Dept. for details.

[benefits@oklahomacounty.org](mailto:benefits@oklahomacounty.org)

405-713-1803



 DELTA DENTAL®

## Dental Insurance

Dental coverage is administered by **Delta Dental of Oklahoma**. You have access to both the **PPO Network & Premier Network**.

Plan covers 100%:	Preventive & Diagnostic Services <i>Cleanings (2 visits allowed in 12 mo), Sealants, fluoride, annual X-Rays</i>
Plan covers 80%:	Basic Restorative, Oral Services <i>Fillings, Crowns, Root Canal, Extractions, Denture Repair</i>
Plan covers 70%:	Major Restorative, Implant Services <i>Bridges, Dentures, Implants</i>
Plan covers 80%:	Orthodontic Services <i>Braces only for dependent children under 26 (\$1,200 every year)</i>

**No Dental Insurance ID card is needed**, coverage is listed under employee's SSN.

Find a participating provider, or to check coverage details:  
[www.deltadentalok.org](http://www.deltadentalok.org) 405-607-2100

## The YMCA Membership

The **one-time joining fee** has been reduced by half to **\$35.00 for a single membership** and **\$52.50 for a household membership**. A household membership is defined as up to two (2) adults and all children through the age of 23 years living in the same household. Household memberships include free child care (for up to 2 hours while parents are working out), free sports for any children on the membership (dependents living in the household) and discounted fees for swimming lessons, Before & After School Care, Summer Day Camp, Resident Camp, etc.

The **monthly membership dues** have also been reduced to **\$17.00 for a single membership** and **\$34.00 for a household membership**.

**If you join, the County is also contributing an amount monthly on your behalf - in addition to what you pay!**

**Both the one-time joining fee and the monthly membership dues will be payroll deducted after tax.**

New membership applications must be turned into the benefits/retirement office by the 24<sup>th</sup> of each month to be active on the first (1<sup>st</sup>) of the next month.

The membership application is available at: <https://www.oklahomacounty.org/departments/benefits-retirement>

Once completed, please turn in your membership application to the benefits/retirement office. You can also email us your completed application: [benefits@oklahomacounty.org](mailto:benefits@oklahomacounty.org)

You can check out all the YMCA has to offer at: <http://ymcaokc.org/>

If you currently have a YMCA membership and would like to take advantage of the reduced cost and the payroll deduction, please email us: [benefits@oklahomacounty.org](mailto:benefits@oklahomacounty.org)

# OKLAHOMA COUNTY

SPECIAL UNBELIEVABLY LOW RATES!



# \$19

A MONTH  
+ TAX

**Payroll deducted for  
your convenience!**



**ACCESS TO ALL THESE LOCATIONS!**

MIDWEST CITY  
711 S. AIR DEPOT  
**737-8441**

SOUTH OKC  
1020 SW 104TH  
**691-0037**

NORTHWEST EXPWY  
6209 NW EXPWY  
**728-3600**

EDMOND  
KELLY PLAZA  
816 W. EDMOND ROAD  
**562-1100**

NORMAN  
24TH & MAIN  
2255 W. MAIN ST.  
**364-9494**

**FAMILY MEMBERS**

**\$5**  
**ONLY** EACH  
/PAYCHECK + TAX

**OPEN  
ENROLLMENT**

**QUESTIONS?  
Call Scott!  
(918) 809-1717**

[www.10gym.com](http://www.10gym.com)



**GOOD**

**BETTER**

**OK COUNTY  
BEST**

**OKLAHOMA COUNTY  
OPEN  
ENROLLMENT  
CALL SCOTT! 918-809-1717**

**\$10**  
A MONTH

**\$19<sup>99</sup>**  
/MO  
PER PERSON

**\$19<sup>00</sup>**  
/MO  
**PAYROLL  
DEDUCTED**

**\$39**  
TO START

**\$1** TO START

**\$0** TO START

**Bring a Guest FREE Everyday!**  
*Bring the same guest or a different guest everyday!*

**UNLIMITED FREE Tanning**

**UNLIMITED FREE Group Fitness**  
*Certified Instructors*

**FREE** **ZUMBA**  
FITNESS

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**FREE Cardio Dance, Core Strength,  
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**Cutting Edge Cardio Equipment w/  
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**State of the Art Weights & Resistance Equipment**

**More Locations, and the Best Amenities in Oklahoma**

**OPEN 24 HOURS**

**Add a Family Member only \$5**

**\$49<sup>99</sup> Annual Membership  
Fee**

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