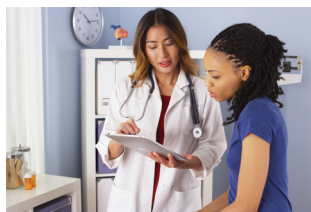


# Healthcare is personal, it's all about you.

That's why My Premise Health connects you with your healthcare experience by providing convenient access to your providers, health records, visit history, test results, and more.



## Convenience.

- Real-time appointment scheduling
- Receive appointment confirmations and reminders via email or text message
- eCheck-In to complete health information forms before you arrive for your appointment
- Fast Pass automatically alerts you if an earlier appointment becomes available



## Valuable Resources.

- Quickly and easily find directions, hours, staff, and contact information
- Get to know your medical providers and health center staff
- Access to health and wellness education

## Secure Communications.

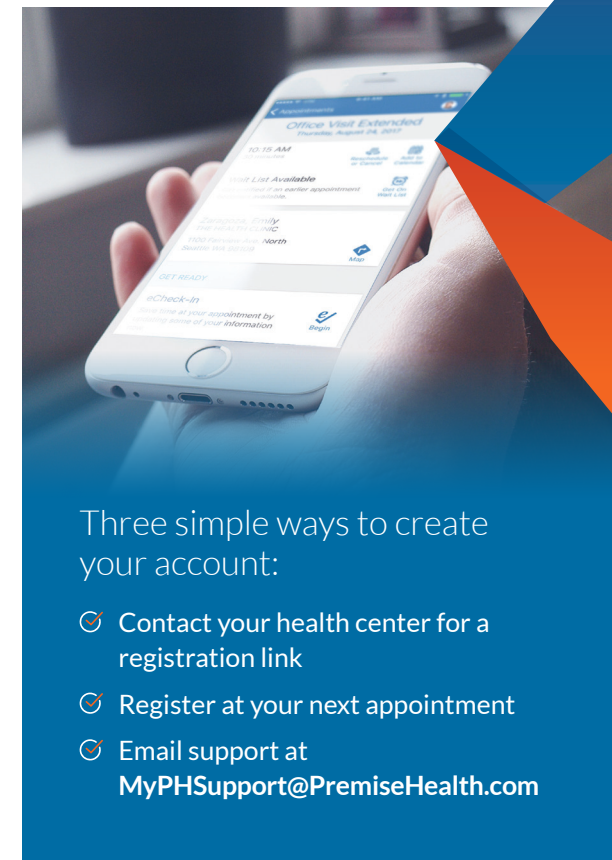
- Conveniently exchange private, secure messages with your providers
- Ask a question, get advice, confirm a result or get an update on your condition
- Get the answers you are looking for – directly and conveniently from your providers

## Health Management.

- Access and track your lab results
- Request prescription refills
- Manage your health history and share it with other healthcare providers
- View your visit history – including visit date, provider, and summary of care
- Track your health and wellness goals

## Virtual Health.

- Online and mobile video visits allow you to engage providers remotely
- eVisits offer treatment for common conditions via secure messaging – without the need for a face-to-face encounter



Three simple ways to create your account:

- 🔗 Contact your health center for a registration link
- 🔗 Register at your next appointment
- 🔗 Email support at [MyPHSupport@PremiseHealth.com](mailto:MyPHSupport@PremiseHealth.com)

# Meet Premise Health.

We've cared for thousands of people, serving some of the nation's top companies. We use this experience to make healthcare work better for you by delivering it right where you are.

Our knowledgeable team members will help you keep your edge. That means you at your best – at work, at home and everywhere you go.

How do we do it? Again, it all comes down to experience. We're shifting the focus from treatment to prevention and empowering individuals to make health and wellness a priority. We know what it takes to help you get, stay and be well. You deserve the best, and that's what we offer.

Visit [mypremisehealth.com](http://mypremisehealth.com) or download the app.



Powered by  
**Premise Health**



NISSN082018

# Managing your healthcare just got easier.



Real-time scheduling



View lab results



Message providers



Manage medications



Virtual visits\*



Complete forms



Plus many more features

\*If applicable



**My Premise Health**

A secure online and mobile tool that puts your health information in your hands.

Visit us online at  
[mypremisehealth.com](http://mypremisehealth.com)